



My BestFit Career Strategy

What Natural Talents Drive Your BestFit© Passion?

This exercise is adapted from JobHuntersBible.com, the website of Richard Bolles, What Color is Your Parachute? It challenges you to answer a series of open-ended questions to clarify what motivated skills drive your passion- that are transferable to another career or job.

When you pack for a trip, you often throw in something “that can go anywhere”. You know that this garment can fit a number of different situations, with different people and with similar results. Bolles uses this analogy to introduce the concept of transferable skills. We all have core transferable skills, whether they are organizing or writing that can go anywhere. Clients will be most satisfied in a career field where they can employ their preferred transferable skills performing work task that bring high career passion and performance results.

Questions

1. What kinds of problems do you like to solve?
 - a. Are they with people–data-things?
2. What kinds of questions do you like to help people find answers?
 - a. Are the questions directed at solving people problems, learning how to operate something or influencing someone’s decision?
3. What knowledge do you like to display to other people?
 - a. Is this historical trivia, computer knowledge, or information about one’s culture?
4. What are your favorite leisure activities or hobbies?
 - a. Note that most hobbies are also industries.
5. What are your favorite words that you most like to toss around all day?
 - a. Every career field is a language; therefore listen to the words you use most often. Your favorite vocabulary often tells us where are heart is before our head.
6. What is your definition of a fascinating stranger?
 - a. On a plane or at a meeting, when you meet someone that you describe as fascinating, what are you talking about?
7. What newspaper, website or magazine articles do you most like to read?
 - a. What subjects do you gravitate to first?
8. If you watch TV, and it is a game show, what categories do you want the contestant to pick? This often will let us know our subject matter competencies and skills.
9. If you could write a book and it was not about your own life, who or what would you write about?
10. When was the last time you lost all track of time?
 - a. What were you doing? Were you alone? Working with a machine? Developing an idea?

Next Steps

- What question gave you the most pause?
- What do your answers have in common?
- Share your answers with someone you trust and who knows you well. Ask how they would finish the sentences for you.

Contact a Coach @ CareerPerformanceStrategies for a Free 30 minute coaching session to explore completing the BestFit Career Strategy process. 1-877-60-COACH
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